

Comparison between Liver-Qi stagnation and rebellious Liver-Qi

	<b>Liver-Qi stagnation</b>	<b>Liver-Qi rebellious</b>
Five Elements	Wood underactive	Wood overactive
Pathology	Lack of free flow	Liver-Qi overactive, flow in wrong direction
Manifestations	Depression, moodiness, unhappiness, gloominess, distension of hypochondrium, chest, epigastrium, abdomen, a feeling of fullness and <i>oppression</i>	Distension of hypochondrium, chest, epigastrium, abdomen, belching, nausea, vomiting, hiccup
Pulse	Wiry and 'reluctant'	Wiry, especially on both Middle positions
Development	Liver-Fire; can turn into rebellious Liver-Qi	
Treatment principle	Move Qi, eliminate stagnation with pungent herbs	Subdue rebellious Liver-Qi with sweet herbs
Ethereal Soul	Stimulate its coming and going	Restrain its coming and going
Acupuncture	LIV-14, LIV-3, GB-34, TB-6, P-6, Du-24, GB-13	LIV-14, P-6, GB-34, LIV-3, TB-6, LI-4, ST-21, ST-19
Prescriptions	Yue Ju Wan  Xiao Yao San	Chai Hu Shu Gan Tang  Yi Gan San  Si Ni San