

## Rebellious Qi types

Organ	Normal Qi direction	Pathological Qi direction	Symptoms and signs
Stomach	Downwards	Upwards	Belching, hiccup, nausea, vomiting
Spleen	Upwards	Downwards	Diarrhoea, prolapse
Liver	Upwards	i) Excessive upwards ii) Horizontally: — to Stomach — to Spleen — to Intestines iii) Downwards	Headache, dizziness, irritability  Nausea, belching, vomiting Diarrhoea Dry stools Burning urination
Lungs	Downwards	Upwards	Cough, asthma
Kidneys	Downwards	Upwards	Asthma
Heart	Downwards	Upwards	Mental restlessness, insomnia