

## Comparison between Full-Cold and Empty-Cold

### **Full-Cold**

### **Empty-Cold**

Face	Bright-white	Dull-white
Pain	Sharp, worse on pressure	Dull, better on pressure
Bowels	Better after bowel movement	Worse after bowel movement
Pulse	Full-Tight-Deep	Weak-Slow-Deep
Tongue	Thick white coating	Thin white coating