

Comparison between Stagnation of Qi and Stasis of Blood

| | Stagnation of Qi | Stasis of blood |
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| Pain/distension | More distension than pain | More pain than distension |
| Location | Moving pain | Fixed pain |
| Character | Distending pain, feeling of fullness | Boring or stabbing pain |
| Abdominal masses | Appearing and disappearing | Fixed |
| Skin | Not appearing on skin | May manifest with purple blotches or bruises |
| Face | May be unchanged | Dark colour or bluish-green |
| Tongue | Normal colour or slightly purple | Definitely purple and possibly with purple spots |
| Pulse | Only slightly Wiry | Wiry, Firm or Choppy |